Transcendental leadership and organizational citizenship behavior: Investigating the role of spirituality in the workplace

Iman Fatollah Najarbashi* and Ali Aalikhani

1. Introduction

During the past few decades, interest in Organizational Citizenship Behavior (OCB) has increased significantly (Markóczy & Xin, 2004; Organ, 1988, 1997; Smith, 1983; Appelbaum et al., 2004). Podsakoff et al. (1997), for instance, investigated organizational citizenship behavior and the quantity and quality of work group performance and reported some strong relationship between these two items. Organizational behavior has been linked to overall organizational effectiveness and these kinds of employee behaviors yield important consequences in the workplace. OCB also plays essential role on working environment (Ashmos & Duchon, 2000; Giacalone & Jurkiewicz, 2003; Fernando, 2007). Karakas (2010) reviewed spirituality at work literature and investigated how spirituality could improve employees’ performances and organizational effectiveness. They presented three different perspectives on how spirituality benefits employees and supported organizational performance based
on the extant literature. They explained that spirituality could enhance employee well-being and quality of life, it could provide employees a sense of purpose and meaning at work and gives employees a sense of interconnectedness and community. The study also introduced potential advantages of bringing spirituality into the workplace.

According to Marques (2006), spirituality at work is an inside-out method; workers at various levels may help establish spirit at work. Piryaei and Zare (2013) studied the relationship between workplace spirituality characteristics and two positive work attitudes, job satisfaction and organizational commitment, considering the moderating effect of individual spirituality. They reported that workplace spirituality aspects were positively associated with job satisfaction and organizational commitment and employee's individual spirituality could moderate the number of these associations. Rego and e Cunha (2008) reported that when people experience workplace spirituality, they may feel more affectively attached to their organizations, experience a sense of obligation/loyalty towards them, and feel less instrumentally committed. Chen and Li (2013) examined different determinants considered to affect the spiritual leadership (SL) effectiveness, including one motivational mediating factor of follower's self-concepts, and two conditional factors, i.e., culture (as a macro-level factor) and manageral position (as a micro-level factor). The construct of SL was validated based on a sample comprising 591 workers from different profitable organizations in two major Chinese societies. A second sample of 122 military police in the army was also used for validation purpose. They integrated the follower's transcendental self-concepts into the existing SL framework, and validated their substantiality to leadership effectiveness.

2. The proposed study

This paper studies the relationship between transcendental leadership and organizational citizenship behavior by investigating the role of spirituality in the workplace as a mediator. The study is executed for a case study of an Iranian insurance firm located in city of Tehran, Iran. The study uses three questionnaires for transcendental leadership (Fry, 2005; Alexakis, 2011), spirituality in the workplace and organizational citizenship behavior (Podsakoff et al., 2000).

The questionnaire consists of three parts in Likert scale where 21 questions are associated with organizational citizenship behavior (OCB), 23 questions are devoted to transcendental leadership and 16 questions are related to spirituality in the workplace. Fig. 1 demonstrates the proposed study of this paper,

![Fig. 1. The proposed study](image)

The main hypothesis of this survey is as follows,

Main hypothesis: Transcendental leadership (Liu, 2008; Fry et al., 2005) influences on organizational citizenship behavior by emphasizing on the mediating role of spirituality in the workplace.

In order to examine the main hypothesis of this survey, we need to consider the following sub-hypotheses,
1. Transcendental leadership components influence on OCB.
   1.1. Insight/hope/faith influences on OCB.
   1.2. Spiritual growth influences on OCB.
2. Spirituality in the workplace influences on OCB.
   2.1. Traditional spirituality influences on OCB.
   2.2. Religion and spirituality oriented behaviors influence on OCB.
   2.3. Humanistic spirituality influences on OCB.
3. Transcendental leadership components influence spirituality in the workplace.
   3.1. Transcendental leadership components influences on traditional spirituality.
      3.1.1 Insight/hope/faith influences on traditional spirituality.
      3.2.1 Humanistic spirituality influences on traditional spirituality.
      3.2.3 Spiritual growth influences on traditional spirituality.
   3.2. Transcendental leadership components influence on religion and spirituality oriented.
      3.2.1 Insight/hope/faith influences on religion and spirituality oriented.
      3.2.2 Humanistic spirituality influences on religion and spirituality oriented.
      3.2.3 Spiritual growth influences on religion and spirituality oriented.
   3.3. Transcendental leadership components influence on humanistic spirituality.
      3.3.1 Insight/hope/faith influences on humanistic spirituality.
      3.3.2 Humanitarian influences on humanistic spirituality.
      3.3.3 Spiritual growth influences on humanistic spirituality.

The proposed study has been accomplished among randomly selected people who work for an insurance firm named “Dana Insurance firm” located in city of Tehran, Iran. The sample size is calculated as follows,

\[
 n = \frac{N \times z_{\alpha/2}^2 \times p \times q}{\varepsilon^2 \times (N-1) + z_{\alpha/2}^2 \times p \times q}, \quad (1)
\]

where \( N \) is the population size, \( p = 1 - q \) represents the yes/no categories, \( z_{\alpha/2} \) is CDF of normal distribution and finally \( \varepsilon \) is the error term. Since we have \( p = 0.5, z_{\alpha/2} = 1.96 \) and \( N=850 \), the number of sample size is calculated as \( n=265 \). Cronbach alphas for transcendental leadership, spirituality in the workplace and organizational citizenship behavior are 0.85, 0.843 and 0.71, respectively.

2.1. Personal characteristics of the participants

In our survey, 107(40.7%) of the participants were female and 155(58.9%) of them were male. Fig. 2 demonstrates the summary of other personal characteristics of the participants.

![Fig. 2. Personal characteristics of the participants](image-url)
As we can observe from the results of Fig. 2, most participants hold good educational background and they had well above five years of job experiences. Table 1 demonstrates the summary of some basic statistics associated with the proposed study.

**Table 1**
The summary of mean, standard deviation and Kolmogorov–Smirnov tests

<table>
<thead>
<tr>
<th>Variable</th>
<th>Number</th>
<th>Mean</th>
<th>Standard deviation</th>
<th>KZ</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transcendental leadership</td>
<td>263</td>
<td>3.14</td>
<td>0.61</td>
<td>0.71</td>
<td>0.695</td>
</tr>
<tr>
<td>Organizational citizenship behavior</td>
<td>263</td>
<td>3.66</td>
<td>0.31</td>
<td>0.623</td>
<td>0.833</td>
</tr>
<tr>
<td>Spirituality in the workplace</td>
<td>263</td>
<td>4.07</td>
<td>0.44</td>
<td>0.947</td>
<td>0.331</td>
</tr>
</tbody>
</table>

The results of Table 1 show that all components of the survey are normally distributed and we can use parametric tests to examine the hypotheses of the survey. The proposed study of this paper uses structural equation modeling to do the investigation.

3. The results

In this section, we present details of our findings on testing various hypotheses of the survey. As explained earlier, the study uses structural equation modeling. Table 2 shows details of some statistical observations on three questionnaires of the study.

**Table 2**
The summary of some statistical observation on the SEM implementation

<table>
<thead>
<tr>
<th>Variable</th>
<th>RMSEA</th>
<th>Chi-Square/df</th>
<th>GFI</th>
<th>AGFI</th>
<th>CFI</th>
<th>IFI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transcendental leadership</td>
<td>0.000</td>
<td>2.65</td>
<td>0.92</td>
<td>0.87</td>
<td>0.92</td>
<td>0.92</td>
</tr>
<tr>
<td>Organizational citizenship behavior</td>
<td>0.000</td>
<td>2.89</td>
<td>0.91</td>
<td>0.87</td>
<td>0.90</td>
<td>0.91</td>
</tr>
<tr>
<td>Spirituality in the workplace</td>
<td>0.000</td>
<td>2.95</td>
<td>0.91</td>
<td>0.86</td>
<td>0.91</td>
<td>0.91</td>
</tr>
</tbody>
</table>

RMSEA = Root-mean-square error of approximation  
AGFI = Adjusted goodness-of-fit index  
CFI = Comparative fit index  
GFI = Goodness-of-fit index

As we can observe from the results of Table 2, all statistical observations are within the acceptable levels of we may rely on the results of SEM implementation.

**Table 3**
The summary of testing hypotheses of the survey

<table>
<thead>
<tr>
<th>Variable</th>
<th>Standard β</th>
<th>Standard error</th>
<th>t-value</th>
<th>R²</th>
<th>Sig.</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insight/hope/faith influences → OC</td>
<td>0.48</td>
<td>0.031</td>
<td>8.89</td>
<td>0.39</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Spiritual growth influences → OCB</td>
<td>-0.16</td>
<td>0.019</td>
<td>-3.41</td>
<td>0.39</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Traditional spirituality → OCB</td>
<td>0.19</td>
<td>0.021</td>
<td>4.31</td>
<td>0.39</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Religion → OCB</td>
<td>0.28</td>
<td>0.014</td>
<td>6.20</td>
<td>0.39</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Humanistic spirituality → OCB</td>
<td>-0.23</td>
<td>0.015</td>
<td>-5.05</td>
<td>0.39</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Insight/hope/faith → traditional spirituality</td>
<td>0.35</td>
<td>0.074</td>
<td>6.06</td>
<td>0.14</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Humanistic spirituality → traditional spirituality</td>
<td>0.05</td>
<td>0.079</td>
<td>0.55</td>
<td>0.14</td>
<td>&gt;0.05</td>
<td>Rejected</td>
</tr>
<tr>
<td>Spiritual growth → traditional spirituality</td>
<td>-0.01</td>
<td>0.074</td>
<td>-0.16</td>
<td>0.14</td>
<td>&gt;0.05</td>
<td>Rejected</td>
</tr>
<tr>
<td>Insight/hope/faith → religion</td>
<td>0.42</td>
<td>0.1</td>
<td>7.41</td>
<td>0.20</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Humanistic spirituality → religion</td>
<td>0.51</td>
<td>0.11</td>
<td>-6.05</td>
<td>0.20</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Spiritual growth → religion</td>
<td>0.39</td>
<td>0.10</td>
<td>4.79</td>
<td>0.2</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Insight/hope/faith → humanistic spirituality</td>
<td>0.45</td>
<td>0.092</td>
<td>8.76</td>
<td>0.35</td>
<td>0.01</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Humanitarian → humanistic spirituality</td>
<td>-0.78</td>
<td>0.098</td>
<td>-10.24</td>
<td>0.35</td>
<td>&gt;0.05</td>
<td>Confirmed</td>
</tr>
<tr>
<td>Spiritual growth → traditional spirituality</td>
<td>0.70</td>
<td>0.092</td>
<td>9.50</td>
<td>0.35</td>
<td>&gt;0.05</td>
<td>Confirmed</td>
</tr>
</tbody>
</table>

4. Discussion and conclusion

The results of Table 3 indicate that except two cases, the effect of humanistic as well as spiritual growth spirituality on traditional spirituality, all other hypotheses of the survey have been confirmed.
In other words, transcendental leadership components influence on OCB where the effects of Insight/hope/faith influences are positive and the effects of spiritual growth are negative. In addition, spirituality in the workplace influences on OCB where the effects of traditional spirituality and religion and spirituality oriented behaviors on OCB is positive and the effect of humanistic spirituality is negative. Next, the effect of transcendental leadership components on religion and spirituality oriented is confirmed and the effect of transcendental leadership components on humanistic spirituality has also been confirmed.

Acknowledgement

The authors would like to thank the anonymous referees for constructive comments on earlier version of this paper.

References

